

Adolescent Treatment

Preferred family Healthcare	417-623-1993
Navig8 (Adolescent 12-17)	573-364-7551
Ozarks Teen Challenge (Boys)	417-272-3784
Kansas City Girls Academy	816-924-6565

Adult Treatment with Residential

Supports

Carol Jones Recovery Center for Women	
Springfield	417-869-8911
Cox Health Systems Center for Addictions	
Springfield	417-269-2273
Detox and Outpatient Services	
Cedar Ridge – Linn Creek	573-346-6758
Southeast Missouri Behavioral Health	
St. Robert	573-433-8455
Compass Health	844-853-8937
Comtrea – High Ridge	636-931-2700
Crisis Access Point – 24/7	844-853-8937

Drop-Boxes for Unused Medication

Crawford County Sheriff's Office	
212 3rd St, Steelville	
Crocker Police Department	
108 S Commercial St, Crocker	
Cuba Police Department	
602 S Franklin Street, Cuba	
Dent County Sheriff's Office	
112 E 5th St, Salem	
Edgar Springs Police Department	
555 Broadway, Edgar Springs	
Maries County Sheriff's Office	
211 4th St, Vienna	
Rolla Police Department	

1007 North Elm Street, Rolla

Drug & Alcohol Treatment

Outpatient

SEMO Behavioral Health	573-364-8511
Four Rivers	573-426-4455
Transportation to YCHC provided	
Mercy Clinic Family Medicine	573-426-6326
Community Services of Missouri	
SATOP	573-426-6584
Compass Health	888-403-1071

Emergency Assistance

American Red Cross	573-635-1132
Russell House Crisis Line	800-998-8340
Sexual Abuse Hotline	888-570-3703
Turning Point Advocacy	888-873-7233
Domestic and Sexual Abuse survivor support	
Grace's Place	636-432-1313
Emergency Shelter for Children & Youth	
Rape and abuse crisis service	800-303-0013
Rape & abuse crisis service	573-634-8436
Family Self Help Center Lafayette House	
Women's – Joplin	417-782-1772
Council of Churches	417-887-3545
Esther's House	573-646-3293
For victims of domestic violence, sexual assault, and human trafficking	

Family Resources

Adult/Elderly Abuse Hotline	800-392-0210
Birthingright of Rolla	573-364-0066
Free pregnancy tests and other services	
Child Abuse/Neglect Hotline	800-392-3738
Healing Hearts Counseling	573-578-6479
Sliding scale services	

Elder Care Locator Service	800-677-1116
Assists with meals, transportation, housing	
Parent Stress Help Line	855-427-2736
Pregnancy Resource Center	573-368-5700
The Community Partnership	573-968-2849

Food/Clothing

Catholic Charities for Phelps County	
Jefferson City, MO	573-635-7719
Utility assistance, rental deposits/assistance, basic needs assistance (food, clothing, shelter)	
Family Support Division of MO DSS	
Information Center	855-373-4636
24 Hour Line	800-392-1261
G.R.A.C.E.	573-368-5577
Meals on Wheels - Phelps	573-341-2929
Rolla Church of Christ	573-364-3488
Clothes -Thursdays & Saturdays 8:30 to 11 am	
Rolla Seventh Day Adventist	573-364-3782
Clothes – Wed. 10 am to 2 pm	
Salem Avenue Baptist Church	573-364-4442
Shoes – Wednesday 1:30 to 4:30 pm	
St. James Caring Center	573-265-2047
Salvation Army	573-308-1000
Red Cross	573-578-3947
Phelps County Health Dept.	573-458-6025
First Baptist Church 524 N 1st St., Newburg	

Food Pantries

Phelps County Faith Distribution	
www.phelpscountyfood.org	573-368-3040
County-wide except STJ School District	
St. James Caring Center	573-265-2047
Only within STJ School District	
G.R.A.C.E Rolla	573-368-5577

Government Agencies

Child Support Enforcement	573-368-2250
Family Support Division	
Information Center	855-373-4636
Phelps	573-368-2340
Health Department	573-458-6010
Social Security Administration	www.ssa.gov
Toll free	800-772-1213
Rolla, 1813 East 10 th	800-551-2056

Health and Well-being Support for

S&T students

S&T CDSW Counseling Center	573-341-4211
S&T Wellness	573-341-4225

Help Lines

24 Hour Crisis Line	800-833-3915
Alzheimer's Association	800-272-3900
Crisis Text Line	Text "Connect" to 741741
Homeless Resource	314-802-5440
National Parent Helpline	855-427-2736
National Suicide Prevention	800-273-8255
Parental Stress Hotline	800-367-2543
Talk Line	800-273-8255
Crisis Access Point – 24/7	844-853-8937

Hospital Psychiatry Units

PCRMC Psych Services	573-458-8899
Mental Health Helpline	988
United Way Helpline	211
Transportation, transitional housing, resources for housing displaced individuals	

Housing Related Resources

Community Action Agencies	573-765-3263
Heating and utility assistance and weatherization	
Forum Manor Apts.	573-364-5831
Income based apartment community	
Habitat for Humanity	573-368-5110
The Mission	573-308-5474
Phelps County PHA (HUD)	573-265-4200
Apply online: phelpscsco.housingmanager.com	
Rolla Housing Authority - Serves Rolla city limits	
Toll free	800-364-8732
Rolla	573-364-6460
Rural Development	www.rurdev.usda.gov
Toll Free	800-364-8732
Phelps County	573-364-2088

Job & Child Care Resources

Council of Churches	417-887-3545
Job Corps	www.jobcorps.gov
Toll Free	800-733-JOBS
Job training program for young adults ages 16 - 24	
Jobs Hotline	www.jobs.mo.gov
Missouri	888-728-5627
Missouri Career Center	
Toll Free	800-638-1401
Rolla	573-364-7030
Vocational Rehabilitation	573-368-2266
Employment program for people ages 16 and up with disabilities	
Preferred Employment Services	573-341-2606

Legal Resources

Legal Services of Southern Missouri	
Toll free	800-999-0249
Phelps County	573-341-3655

Medical/Dental

Missouri Department of Mental Health	
Jefferson City	800-364-9687
Psychiatric Stress Center/Care Unit	
Rolla	573-341-2350
SEMO Behavioral Health	573-364-8511
Treatment for chemical dependencies, emotional problems, psychiatric disorders & other life crisis	
Four Rivers	573-426-4455
Dental	573-426-6718
Income based programs for Primary Care & Pediatrics, Behavioral Health, Senior Health, and Dental	

Specialized Residential Treatment

Programs for Children and Youth

Great Circle	573-265-3251
CenterPointe	573-341-1473
Preferred Family Healthcare	573-557-2396

Support Groups

Al-Anon	www.missouri-al-anon.org
NA	800-945-HOPE
Celebrate Recovery	573-364-1841
Alcoholics Victorious	573-202-9098
Support Group for Grief	573-578-2966

Transportation Resources

MORIDES	www.morides.org
SMTS	573-364-7687

Veterans

Columbia Vet Center	573-814-6206
Counseling, Substance abuse referral, job counseling	
Veterans Crisis Line	800-273-8255
Vets 4 Warriors Peer Support	855-838-8255
St. James VA Clinic	573-265-0884

Other Services

CMAAA	573-265-0616
Programs tailored to help older adults live as independently as possible	
Pathways 24 hour on call	800-833-3915
Rolla	573-364-7551
The Community Partnership	888-541-4636
Tri-County Independent Living	573-368-5933
Phelps County programs for people with disabilities	
Able Commission Inc.	573-364-4357
Resources for elderly	
Abundant Resources	573-684-3783
Resources for foster families	
Senior Companions	573-458-6180
PFC	573-308-3400
Resources for the developmentally disabled	

Phelps County Resource List

Local Assistance Agency
Resource List for
Phelps County



Completed by
Meramec Regional
Planning Commission
573-265-2993
www.meramecregion.org

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